

Intestinal Cleansing Instructions

Step 1: Colosan aka Homozone Oxygen Intestinal Cleanse (Primer).	1-2 weeks
Step 2: Therapeutic Essential Oil to rid Parasites, Yeast, Mold and Fungus.	3 weeks
Step 3: Colosan aka Homozone Oxygen Intestinal Cleanse.	1-2 weeks
Step 4: Repeat Steps 2 and 3 within 28-days of first Parasite cleanse.	3 weeks
Step 5: Recolonize Intestines with Friendly Bacteria (Soil-Based Probiotics).	3-4 weeks

Step 1 Colosan aka Homozone Oxygen Intestinal Cleanse Primer (1-2 weeks):

It is always best to begin any detoxification process with an intestinal cleanse. Whether you are new to intestinal cleansing or a seasoned veteran: eat meat, plant-based diet, or all fresh living nutrition, the first step is intestinal detoxification! This helps soften mucoid plaque and allow quicker evacuation of compacted feces that intestinal microbes eat, live, and breed in. By cleaning up this toxic environment, the parasite formula can work more effectively and "clean house."

Colosan is an excellent economical way of cleansing the intestinal track without modifying your diet. It is so effective that each household should have it available. Colosan is non-herbal, non-irritating, and not addictive. I highly recommend it above most other herbal intestinal cleansers. It softens and oxidizes the debris. The magnesium attracts water to the intestines, softening mucoid plaque. Oxygen assists in the breakdown of the mucous linings, and with the creation of an aerobic environment. The intestines can evacuate soft and liquefied debris easier. This non-herbal product is an excellent solution for people who may have herbal allergies or do not want to use artificial, irritating, stimulating and/or addictive herbs such as cascara sagrada or senna. For this reason, women may use this during pregnancy or while breast-feeding.

Recommendations for using Colosan: Following instructions on the bottle. Consume only 1 tsp. per day for 4-7 days. Then increase to 1 tsp. 2-3x daily for about 5-7 days. You can customize it to your schedule and comfort level. If you find you have excessive or constant runny stool, simply lower the dosages until the extreme detoxification passes. As a rule, the greater toxicity within your intestinal track the greater the reaction with Colosan. As you continue cleansing the diuretic effects will lessen and the obvious benefits will multiply. It does not matter whether you spread servings of Colosan throughout the day, or take it twice in the morning (wait an 1-1.5 hrs before taking it a second time). Some people do not notice stool changes until day 3, that's OK! Important Note: Colosan is safe during pregnancy or breast feeding. The parasite cleanse and the Mucous Eliminators are not recommended because they will affect the fetus or young child as well. Consult your Practitioner.

Step 2 Therapeutic Essential Oil to rid Parasites, Yeast, Mold and Fungus (3 weeks):

The beauty of our essential oils parasite formula is that there is no need to modify your diet during it. However, it is beneficial to reduce your intake of animal flesh, refined sugars, caffeine, wheat, and dairy products. These foods are the greatest promoters of acidic waste, which allow parasitic organisms to proliferate easier. The manufacturer of our essential oil cleanse recommends using the parasite formula for 21-30 days (10 drops= 2x-3x daily). This product is very effective at removing parasites because of the pure and careful distillation process and loving intent while producing them. Over the years I have had numerous clients customers have discharged parasites from their colon; 90-percent of all customers find vast improvements with overall mental, emotional and physical health.

It is my understanding that most herbs used in parasite cleanses are not recommended during pregnancy or while breast-feeding. If you are concerned about the ingredients in our parasite formula, please set up a health consultation with Kristo, or your family health care practitioner first. There are other opportunities to help you toward health and still remain healthfully conscientious of the other beings you are nurturing to life.